

Date: 14 March 2020

Subject: Novel Coronavirus (COVID-19)

Alberta Health continues to provide daily briefings as the situation with COVID-19 unfolds. It has been identified there are a total of 39 provincial cases of COVID-19 and we have not been informed of any cases in the Woodlands County region.

The following are recommendations from Alberta Health:

- **Stay home** if you are not feeling well or exhibiting any symptoms
- **Know the symptoms:** fever, cough, extreme tiredness
- Use the **Online Assessment Tool** as a first point of contact if you have symptoms
 - <https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>
- Contact **Health Link 811** for further information related to symptoms; do not go to a physician's office, clinic or hospital
- **Practice safe hygiene** – wash your hands often and well, avoid touching your face, clean and disinfect surfaces, cover your cough and sneezes and then wash your hands
- Albertans are **not recommended travel outside of the country** at this time
- Those **returning from out of country are asked to self-isolate for 14 days** and monitor symptoms
- **Cancel events with more than 250 attendees or events with 50 or more attendees** that have international participants, or involves critical infrastructure staff, seniors, or other high-risk populations
- **Schools will remain open**, however guidelines for schools and daycares has been developed to protect the health of students and staff
 - <https://www.alberta.ca/assets/documents/covid19-alberta-guidance-for-schools-and-child-care-programs.pdf>

Continue to review updated and factual information published by Alberta Health and Alberta Health Services (AHS):

- <https://www.alberta.ca/covid19>
- <http://ahs.ca/covid>

Woodlands County will monitor the situation and implement necessary protocols when required. Until further notice we are open for business during regular hours and will keep our residents and staff informed.

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