

Date: 24 March 2020

Subject: Novel Coronavirus (COVID-19) Update

As the COVID-19 situation evolves, Woodlands County continues to monitor the situation and looks to the health authorities to provide direction and guidance, so we can make decisions for the best interest of our residents.

Woodlands County has closed our municipal playgrounds. The following playgrounds will be closed until further notice:

- Blue Ridge Community Playground
- Groat Creek Playground

Our municipal offices remain closed; however, our staff continue to provide services for the municipality including managing the recent winter conditions on our roadways, daily water and wastewater services, and operation of our transfer sites.

Main reception is open to receive calls and answer questions during regular business hours (Monday – Friday, 8 am to 4:30 pm). 780-778-8400 or toll-free 1-888-870-6315.

While health authorities learn more about the virus, **precautions and prevention remains the same:**

- **Practice social/ physical distancing**
 - Keep at least 6 feet from others when going out for groceries, medical trips and other essential needs
- **Stay home and away from others if sick or in isolation**
 - With even mild symptoms, it is important to stay home
- **Monitor for symptoms:** cough, fever, fatigue or difficulty breathing
- **Practice good hygiene:** wash hands often, cover coughs and sneezes, and avoid touching face

Travellers returning to Canada must self-isolate immediately upon return; this means travellers are to head directly home without stopping to get supplies, groceries, etc. If you have family, friends, or neighbours returning to Canada, please support them to follow these protocols.

As we all work towards a new normal and our routines change, **it is vital to stay on top of mental health.** There are many supports available to Albertans provided by the provincial government. Look to their website [Help in Tough Times](#) for a variety of resources to support you and your family.

Text4Hope - this program provides one-way communication and does not replace other mental health therapies and supports. It is a helpful option for people in self-isolation who can't access face-to-face services, as well as those in remote locations. **Text COVID19HOPE to 393939 to subscribe.**

To learn more from the Province, visit: <https://www.alberta.ca/covid19>.

To help you navigate the information from various channels; federal, provincial, health authorities, and business resources, we have created a one-stop shop to direct you to the appropriate place.

Visit <https://woodlands.ab.ca/covid19> regularly for updates.

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